					BRAND	Nanoleaf
			Reviewed by Alex Fergus		Name	Light Therapy Mask
			www.LightTherapyInsiders.com		Discount %	15% off
			2025		Code	ALEX15
					link	https://aferg.co/nanoleaf
				Points		Comments
Round 1 - Fit & Ease of Use (25 points)	Fit (15)	Stays in Place	Mask doesn't shift or require frequent adjustment.	*2*	1	strap sit to low and i noticed a few times i have to do minor adjustmetnns
		Comfortable to wear	No pinching, nose bridge compression, or orbital discomfort.	*2*	1	I want to like it - it feels good intially, but something is off - its the strap system, it's too low on the back of my head. i tried adjusting but i couldn't get it comfortable. i mean it's ok for 10mins - but there are more comforatblae masks
		Free from sweat	Good ventilation; doesn't trap heat or moisture.	*2*	2	
		Easy to Speak	No restriction around mouth/jaw.	*2*	2	No issues here
		Easy to Breathe	Nostrils not blocked; doesn't cause a claustrophobic feel.	*2*	2	
		Easy to put on/off	Simple, intuitive process.	*2*	0.5	TBH no - it's not - the only way to get it on and iff is ti undo the strap. and the strp is the issue with this mask, so adjusting it each time is frustraitng
		Even Skin Contact	Mask sits flush and maintains consistent facial contact (especially around the nose and cheeks).	*2*	1.5	good around cheeks and eyes and nose, even forehead is good. not great on the jawline
		Good strap system	Adjustable, stable, not overly tight.	*1*	0	Strap is the core issue with this mask
		Total (/15)			**10**	
	Operation (10)	Simple operation	Simple buttons, logical itnerface (no need for manual), responsive buttoms	*3*	2.5	Everything makes sense given the features it has. But it does have a few more clicks than some may see as necessary
		Cordless	Cord free design	*2*	0	
		Ability to disable wavelengths	1 point to turn off NIR. One poiint to turn off Blue	*2*	1	Can't disable NIR. Can disable blue low.
		Clear & useful instructions	Think about first timers	*1*	1	Good - also covers RLT benefits
		Other	Easy charging.(USB-C) Travel friendly (foldable? case?) Timer Adjustment Other things?	*2*	2	USB charging, flexible for travelling. Many options for controlling wavelengths - 7 combinations - and also adjusting timer. Though the screen is on the small side.
		Total (/10)			6.5	
		ROUND 1 TOTAL (/25)			16.5	
Round 2 - Therapeutic Power (25 points)	Wavelengths (10)	1x Red (630-660nm)	Gold standard for collagen & skin health.	*3*	3	639nm
		2nd Red (630-660nm)	Slight variation for extra potential benefits	*1*		
		Near IR (800-850nm)	Deeper penetration, synergistic with red.	*3*	3	848nm
		Deep NIR (>900nm)	Less studied, less dermal absorption.	*1*		
		Blue (400-470nm)	Acne control, no rejuvenation benefits.	*1*	1	460nm
		Amber (585-600nm)	Anti-inflammatory, skin tone/texture.	*0.5*		
		Green (520-540nm)	Low evidence; tolerable in moderation.	*0.5*	0.5	518nm
		Total			7.5	
		Figure (excl blue)			**6.42**	
	Power/Dose (15)	5-9 J/cm2		*15*	15	
		3-4 or 10-14 J/cm2		*12*		
		15-19 J/cm2		*9*		
		20-24 J/cm2		*6*		
		25-30 or 1-2 J/cm2		*3*		
		>30 or <1 J/cm2		*0*		
		Total			15	
		ROUND 2 TOTAL /25			**22.5**	
		Combined Total /50			**39**	
	test 1	11.3				
	test 2	9.8				
	test 3	11				
	Av mw/cm2	**10.7**				
	Session mins	10				
	J per session	**6.42**				
Round 3 - Coverage Quality (25 points)		**# Chips:**			**432**	
	LED Chip Count (10)	500+		*10*		108 quad chip leds = 432 LED chips Note - 108 red 108 NIR 108 green 108 blue so really only 216 red/nir chips
		400-499		*9*	9	
		300-399		*8*		
		200-299		*6*		
		100-199		*4*		
		50-99		*2*		
		0-49		*0*		
		Total /10			9	
	Zone Coverage (15)	Forehead	Covers nearly all of area = 1.5 Covers majority = 1 Covers some = 0.5 no cover = 0	*1.5*	1	Pretty good, good be a bit higher
		Temples		*1.5*	1.5	wraps around well
		Crows feet		*1.5*	1.5	leds right on this area
		Under eyes		*1.5*	1	its good - but you do have to adjust the mask slightly to get good coverage here
		Nose bridge		*1.5*	1.5	LED right on it
		Nose		*1.5*	1	2 leds on the centre line of nose - nothing ont he side though
		Cheeks		*1.5*	1.5	great
		Lips		*1.5*	0	nothing
		Chin		*1.5*	0.5	1 or 2 leds at the font
		Jawline		*1.5*	1	ok - could go a bit lower though
		Total /15			10.5	
		Round 3 Total /25			**19.5**	
		Combined Total /75			**58.5**	
		Price less discount + US Ship			**$249**	
Round 4 - Price & Peace of Mind (25 points)	Shipped Price (20)	$0–$99		*20*		
		$100–$199		*18*		
		$200–$299		*16*	16	
		$300–$399		*14*		
		$400–$499		*12*		
		$500–$599		*10*		
		$600–$699		*8*		
		$700–$799		*6*		
		$800–$899		*4*		
		$900–$999		*2*		
		$1000+		*0*		
		Total			16	
	Peace of Mind (5)	Warranty	2 points for 3 years, 1 point for 2 years	*2*	1	
		Returns Policy	free & 60 day 2 points. 30 days and or fee 1 point	*2*	1	is a $5 restocking fee
		Company Age	2 years +	*1*	1	Nanoleaf are a huge company in the LED space.
		Total			3	
		Round 4 Total /25			**19**	
		TOTAL SCORE (/100)			**77.5**	