					BRAND	Qure
					Name	Light Therapy Mask
			Reviewed by Alex Fergus		Discount %	10% off
			www.LightTherapyInsiders.com		Code	through link
			2025		link	https://aferg.co/Qure
				Points		Comments
Round 1 - Fit & Ease of Use (25 points)	Fit (15)	Stays in Place	Mask doesn't shift or require frequent adjustment.	*2*	2	Snug fit, Silicon provides a 'sticky' feel
		Comfortable to wear	No pinching, nose bridge compression, or orbital discomfort.	*2*	1.5	Yes was fine - if I was picky I'd say there was a bit of nose compression - but most people don't have a nose as large as mine so it won't be an issue! Also - you feel the pressure on the forehead. Mild but ok
		Free from sweat	Good ventilation; doesn't trap heat or moisture.	*2*	2	No issue here - but there are only 3 min sessions
		Easy to Speak	No restriction around mouth/jaw.	*2*	2	Completly free around the mouth
		Easy to Breathe	Nostrils not blocked; doesn't cause a claustrophobic feel.	*2*	2	Was fine
		Easy to put on/off	Simple, intuitive process.	*2*	2	easy
		Even Skin Contact	Mask sits flush and maintains consistent facial contact (especially around the nose and cheeks).	*2*	1.5	pretty good - does protrude a little around the cheek and eyes though
		Good strap system	Adjustable, stable, not overly tight.	*1*	0.5	The strap system was a pain point - i say was as initally my wife and I had no idea how to install the strap - then we looked at the instructions and i throught i figured it out, only for the strap to keep popping out every time i put it on. it wasn't until the next day when i realised how it was meant to go. now it's fine - but i've even seen some other YT videos where revewers haven't installed this strap properly
		Total (/15)			**13.5**	
	Operation (10)	Simple operation	Simple buttons, logical itnerface (no need for manual), responsive buttoms	*3*	3	Super simple - 1 button, hold to turn on, tap to change modes. BUT there is also an app - if you want to get a little bit fancy. It's not needed, but it does allow you to set reminders and track session, and it has a cool feature where you can choose which mode - anti-aging or anti-breakout - runs in each zone. More on this later
		Cordless	Cord free design	*2*	2	Yes!
		Ability to disable wavelengths	1 point to turn off NIR. One point to turn off Blue	*2*	1	Theres no way to run Red on its own without NIR. You can run red and NIR without blue
		Clear & useful instructions	Think about first timers	*1*	1	Its good - covers RLT, covers the product etc. Nice quality
		Other	Easy charging.(USB-C) Travel friendly (foldable? case?) Timer Adjustment Other things?	*2*	2	USB C, it is a hardshell so usually i wouldn't say its suitable for travel - but it's so small and lighweight that I'd say it is. It doesn't have a timer adjustment, but the app with the extra modes is really neat.
		Total (/10)			9	
		ROUND 1 TOTAL (/25)			22.5	time of testing - this is the highest score a mask has had for this round
Round 2 - Therapeutic Power (25 points)	Wavelengths (10)	1x Red (630-660nm)	Gold standard for collagen & skin health.	*3*	3	630nm
		2nd Red (630-660nm)	Slight variation for extra potential benefits	*1*	1	660nm
		Near IR (800-900nm)	Deeper penetration, synergistic with red.	*3*	3	880nm
		Deep NIR (>900nm)	Less studied, less dermal absorption.	*1*	0	
		Blue (400-470nm)	Acne control, no rejuvenation benefits.	*1*	1	411nm - not in red mode you see 607, 630, 660 and 880. In Blue mode you see 411 and a bit of 630 with a teeny bit of NIR
		Amber (585-600nm)	Anti-inflammatory, skin tone/texture.	*0.5*	0.5	607nm - more into the red than true Amber, but thats ok
		Green (520-540nm)	Low evidence; tolerable in moderation.	*0.5*	0	
		Total			8.5	
		Figure (excl blue)			**1.548**	
	Power/Dose (15)	5-9 J/cm2		*15*		The problem is that the LEDs irradiance (power) is quite week. I measured figures raning from 4mw/cm2 up to 11 with an average of 8. The manual states they are emitting 70mw/cm2. Way off my tested figure. I think part of the issue is the thick layer of silicon that the light needs to travel throiugh before it hits the skin. Alot of energy is lost here. But also that the indsutry is known to hyper inflate power output figures and or incorrectly test them Next we have the short treatment time. It's only a 3min treatment - with no way to adjust this. Meaning we end with a very low dose. TBH - if this had a 10min treatment time the dose would be really good. Mayeb they will change it with a future version. Of course you can also do 3 or 4 sessions back to back to get the dose up - and thats what I would do. I'm not sure why they have gone with a 3min session - maybe it's a marketing play - less time per session compared to their competitors?
		3-4 or 10-14 J/cm2		*12*		
		15-19 J/cm2		*9*		
		20-24 J/cm2		*6*		
		25-30 or 1-2 J/cm2		*3*	3	
		>30 or <1 J/cm2		*0*		
		Total			3	
		ROUND 2 TOTAL /25			**11.5**	
		Combined Total /50			**34**	
	test 1	11				
	test 2	7.8				
	test 3	7				
	Av mw/cm2	**8.6**				
	Session mins	3				
	J per session	**1.548**				
Round 3 - Coverage Quality (25 points)	LED Chip Count (10)	**# Chips:**			**160**	
		500+		*10*		80 Dual chip LEDs - meaning 160 LED chips in total
		400-499		*9*		
		300-399		*8*		The mask effectively has 3 types of LEDs - 1 with 607 and 630nm red 1 with 660 and 880 nir - these two LEDs run in Anti-aging mode
		200-299		*6*		
		100-199		*4*	4	
		50-99		*2*		The 3rd setup is 410 and 630nm - this runs in anti-acne mode
		0-49		*0*		Total LED count is quite low for a mask of this price.
		Total /10			4	
	Zone Coverage (15)	Forehead	Covers nearly all of area = 1.5 Covers majority = 1 Covers some = 0.5 no cover = 0	*1.5*	0.5	Only 14 LEDs - and its super low
		Temples		*1.5*	0.5	minimal at best - just doesn't wrap around
		Crows feet		*1.5*	0.5	No LEDs direcity in this zone - eye peeice is too large
		Under eyes		*1.5*	0.5	as per crows feet
		Nose bridge		*1.5*	0	literally nothing in this zone
		Nose		*1.5*	1	4 LEDs on the side - nothing on the top of nose - not though only 2 are running in anti aging mode.
		Cheeks		*1.5*	1.5	this is fine
		Lips		*1.5*	0	nothing
		Chin		*1.5*	0.5	a couple of LEds here
		Jawline		*1.5*	0	mask is far too small
		Total /15			5	
		Round 3 Total /25			**9**	
		Combined Total /75			**43**	
Round 4 - Price & Peace of Mind (25 points)		**Price less discount + US Ship**			**$350**	
	Shipped Price (20)	$0–$99		*20*		$380 retail - save 10% through discount link
		$100–$199		*18*		
		$200–$299		*16*		
		$300–$399		*14*	14	
		$400–$499		*12*		
		$500–$599		*10*		
		$600–$699		*8*		
		$700–$799		*6*		
		$800–$899		*4*		
		$900–$999		*2*		
		$1000+		*0*		
		Total			14	
	Peace of Mind (5)	Warranty	2 points for 3 years, 1 point for 2 years	*2*	0	1 year
		Returns Policy	free & 60 day 2 points. 30 days and or fee 1 point	*2*	1	30 day for a full refund
		Company Age	2 years +	*1*	1	Has been around for a few years, widely known on the beuaty community.
		Total			2	
		Round 4 Total /25			**16**	
		TOTAL SCORE (/100)			**59**	